



## STEP BY STEP GUIDE on HOW TO ENROLL FOR CPR COURSES (OUTSIDE NKC SCHEDULED SESSIONS)

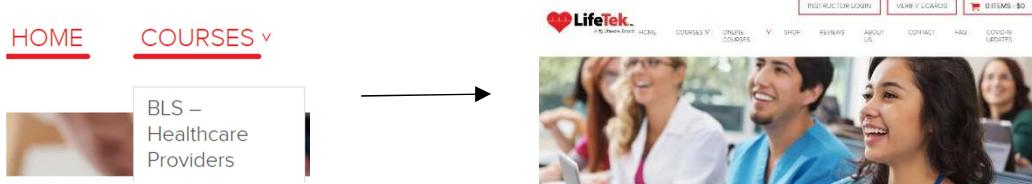
- Go to [lifetekinc.com](https://lifetekinc.com)



- Once there, click on “COURSES” tab (second to the left on tabs section)



- Under courses select BLS – Healthcare Providers



- Once on the BLS page (<https://lifetekinc.com/courses/bls-cpr/>), scroll down and select the red **BLS CLASSROOM COURSES** drop down – all open enrollment courses are provided here, find a class date/time/location that works for you.

**BLS Classroom Course**  
This classroom-based, instructor-led Basic Life Support (BLS) for Healthcare Providers Course reinforces Seacrest's and Puget Sound's healthcare professionals' critical skills in a highly interactive, hands-on environment. During this course, students will learn how to respond to life threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

**Click Here for BLS CPR Classroom Courses**

**BLS Online and Skills**  
The BLS for Healthcare Providers Online Course provides a flexible alternative to classroom-based training. The Online Course is web-based and accessible 24 hours a day, 7 days a week. Students can work at their own pace, receive a certificate that allows them entrance to LifeTek's in person skills check. For full course completion, the online course must be paired with an in-person hands-on skills check. Upon completion of the online course and completion of this course, students will receive the same course card as those who take the conventional classroom course.

**Click Here for BLS CPR Online Courses**

- Click on the class that you prefer to attend; this will take you to the registration page and it will look like this:



### \*PLEASE ONLY REGISTER WITH THE EMPLOYEE EMAIL ADDRESS!

The exact location will be provided in your confirmation email along with directions to the classroom. When registering, please use **PROMO CODE: NWKC26**

*(For questions or concerns, please contact LifeTek's main office line (360) 416-8239 Mon – Fri 8 am – 5 pm or their admin email address at [NW@lifework.edu](mailto:NW@lifework.edu))*