

| Month (2023) | Code Blue Simulations | Annual Competencies | 2 Year CPR or/Code Blue Review |
|-------------------------|----------------------------------|---|--|
| January | | | Seattle 2 nd and 3 rd Rainer Beach Everett |
| February | All clinics | Rainer Beach Renton Broadway Seattle 2 nd and 3 rd Scribner Bellevue | Renton Broadway |
| March | | Burien Port Angeles Everett | |
| April | | | Burien |
| May | | Snoqualmie Ridge Lake City | Kirkland |
| June | | | Lake City Port Angeles |
| July | | Kent Fife Kirkland | Scribner Home Dept. |
| August | All clinics | Seatac | Kent Fife |
| September | | Auburn Federal Way West Federal Way East Enumclaw | Seatac |
| October | | Home Dept. | Auburn Federal Way West Federal Way East Enumclaw |
| November | | | Bellevue |
| December | | | Snoqualmie Ridge |

Code Blue Skills Checklist

- Initial assessment- unresponsive
- Direct someone to call 911 and grab the Code Cart (AED, ambu bag and backboard).
- Check for pulse, <10 seconds
- C**-No Pulse-Immediately Start Compressions- 100-120 compressions per minute.
 - Proper hand placement
 - 2-inch depth
 - Full recoil
 - Count out loud to 30 (Other team members will have BVM assembled and on patient by 30 compressions, deliver 2 breaths)
 - Place backboard under the patient and continue CPR until the AED instructs you to stop CPR
 - Turn on AED
 - Follow instructions from the AED
 - Correct placement of pads
 - Plug pads into AED
- A**-Airway
 - Connect BVM to O2 and turn on O2 at 10-15L
 - Head tilt/chin lift/jaw thrust for opening airway
 - Apply face mask and secure with thumbs over the sides of mask and four fingers on each hand wrapped around jaw for tight seal.
- B**-Breathing
 - Give 2 breaths every 30 compressions until Medics arrive (2 person BVM-1 for managing airway and maintaining seal and 1 for breaths)
 - Rotate compression provider every 5 cycles

Simulation Leader

- ◆ Activate 'code blue' light, assign roles, and instruct team
- ◆ Pt assessment (unconscious with or without a pulse?)
- ◆ CPR relief/fluid resuscitation (rinse back and bolus)
- ◆ **After EMT arrives:**
 - ◆ Print flowsheets
 - ◆ Page/call MD
 - ◆ Call family or POA
 - ◆ Notify manager (if not present)
 - ◆ Complete SAS for event and machine
 - ◆ Place Tech services work order for the machine (mark the box for sentinel)
 - ◆ Notify FSS & quarantine machine for samples (do not strip machine)
 - ◆ **CODE BLUE DEBRIEF**- with manager or Charge nurse

Chest Compressions

- ◆ Place backboard when available
- ◆ Initiate compressions
- ◆ Count out compressions
- ◆ Check for pulse at Carotid after 2mins

Airway Monitor

- ◆ Bring Code cart
- ◆ Obtain and place Backboard
- ◆ Assemble bag valve mask
- ◆ Attach to O2 high flow 15 L plus
- ◆ Position airway and give 2 breaths after 30 compressions

AED Operator

- ◆ Get AED from cart and turn on
- ◆ Plug in pads and open packaging
- ◆ Prep skin if needed
- ◆ Place pads according to diagrams on packaging (avoid placing on catheter or on medication patches)
- ◆ Help monitor unit for safety and obtain supplies for team as needed

911 Caller

- ◆ Call 911
- ◆ Tell them CPR in progress
- ◆ Confirm address and other information requested
- ◆ Help monitor the floor

Support

- ◆ Assist with opening the door for medics and direct to the patient's chair
- ◆ Greet the family at the front door
- ◆ Assist with clearing a pathway for medics, etc
- ◆ Be present and offer support

Safety Event Debrief Form

1. General Information

Safety Event:

(Provide the name of the process being reviewed)

Date of Debrief:

(Date of debrief session)

Team Members:

(List the individuals involved in the review)

Objective of Debrief:

(Briefly describe the goal or aim of the debrief)

2. Key Observations

What worked well during the process?

(List successful steps, tools, or approaches that helped the process run smoothly)

What did not work as expected?

(Identify any parts of the process that encountered issues, delays, or did not meet expectations)

Were there any bottlenecks or delays?

(Describe any points in the process that slowed progress or created inefficiencies)

Do you feel safe? What support do you need, if any?

(Offer EAP, MSW partnership, HR resources)

Was there a need to offer patient support? If so, what support did we provide to the patients?

3. Challenges Encountered

What were the biggest challenges faced during the process?

(Provide details on specific obstacles that hindered the process)

Were there any resource constraints (e.g., time, budget, personnel)?

(Identify any limitations or shortages that affected performance)

Were there communication or collaboration issues?

(Discuss if there were breakdowns in communication or collaboration across teams)

4. Successes and Achievements

What were the key successes or positive outcomes of the process?

(List any major wins or positive results achieved by the process)

Did the process meet the original goals and expectations?

(Evaluate if the process achieved its intended purpose)

Were there any unexpected benefits or improvements?

(Identify any positive outcomes that were not anticipated)

5. Suggestions for Improvement

What specific changes can be made to improve this process in the future?

(Provide actionable recommendations to improve efficiency, effectiveness, and quality)

Were there any tools, technologies, or systems that should be updated or replaced?

(Discuss potential upgrades or changes to tools or software used)

How can collaboration or communication be enhanced in future processes?

(Suggestions for better team coordination, information sharing, or stakeholder engagement)

6. Action Plan for Next Steps

What immediate steps need to be taken to address the challenges and improve the process?

(List any tasks or follow-up actions required to implement improvements)

Who is responsible for each of the next steps?

(Assign roles or individuals responsible for implementing the changes)

What is the timeline for these improvements?

(Set deadlines for completing specific improvement actions)