

# DE-ESCALATION TRAININGS

(Brought to you by NAMI-Seattle)

## What does this training entail?

There are many ways that mental health impacts us, and situations can start to feel out of control.

This training is meant to increase empathy and understanding, leading to better outcomes for all involved.

- Why does escalated behavior happen and how can you recognize it?
- How can we approach de-escalation?
- How can we keep everyone safe?

## Who should attend?

Every clinical employee at Northwest Kidney Centers should attend one In-person training session. You may choose to attend any training session listed.

-Further clinics/dates will be scheduled



## TRAINING DATES AND LOCATIONS

### RAINER BEACH KIDNEY CENTER

**Friday May 30<sup>th</sup>**  
**2:00 PM-4:00 PM**

### PORT ANGELES KIDNEY CENTER

**Wednesday June 4<sup>th</sup>**  
**2:00 PM-4:00 PM**

### KENT KIDNEY CENTER

**Thursday June 5<sup>th</sup>**  
**2:00 PM-4:00 PM**

### BURIEN KIDNEY CENTER

**Saturday June 14<sup>th</sup>**  
**10:00 am-12:00 pm**  
**(ONLY WEEKEND OPTION!)**

### FEDERAL WAY EAST

**Tuesday June 17<sup>th</sup>**  
**2:00 PM-4:00 PM**

### AUBURN

**Thursday June 19<sup>th</sup>**  
**2:00 PM-4:00 PM**

### BELLEVUE

**Friday June 20<sup>th</sup>**  
**2:00 PM-4:00 PM**

### EVERETT

**Friday June 20<sup>th</sup>**  
**2:00 PM-4:00 PM**