

# DE-ESCALATION TRAININGS

(Brought to you by NAMI-Seattle)

## What does this training entail?

There are many ways that mental health impacts us, and situations can start to feel out of control.

This training is meant to increase empathy and understanding, leading to better outcomes for all involved.

- Why does escalated behavior happen and how can you recognize it?
- How can we approach de-escalation?
- How can we keep everyone safe?

## Who should attend?

Every Clinical employee at Northwest Kidney Centers needs to attend one In-person training session. You may choose to attend any training session listed.

-Further clinics/dates will be scheduled

## TRAINING DATES AND LOCATIONS

### SEATAC KIDNEY CENTER

**Friday May 9<sup>th</sup>**  
**2:00 PM-4:00 PM**

### FIFE KIDNEY CENTER

**Friday May 9<sup>th</sup>**  
**2:00 PM-4:00 PM**

### SCRIBNER KIDNEY CENTER

**Thursday May 15<sup>th</sup>**  
**2:00 PM-4:00 PM**

### KIRKLAND KIDNEY CENTER

**Monday May 19<sup>th</sup>**  
**2:00 PM-4:00 PM**

### LAKE CITY KIDNEY CENTER

**Thursday May 22<sup>nd</sup>**  
**2:00 PM-4:00 PM**

### RAINER BEACH KIDNEY CENTER

**Friday May 30<sup>th</sup>**  
**2:00 PM-4:00 PM**

