



*Scenes from the SeaTac Kidney Center Thanksgiving celebration*

## **NEED TO KNOW**

### **Reminder: annual compliance trainings due December 4**

All staff should have received an email with the link to complete the training in KnowBe4. Please complete your mandatory training by: December 4, 2024. For any questions, please reach out to [compliance@nwkidney.org](mailto:compliance@nwkidney.org).

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### **Congratulations to the Admissions team on 'getting to zero'**

This last month, Northwest Kidney Centers had zero patients on the waitlist – down from 32 patients a year ago! During this time period the team also implemented a new patient referral portal. Thank you to the Admissions team for all they do to support our patients!



### **Employee Giving Campaign Update - congrats to early prize winners!**

Congratulations to early prize winners Kylie Thomes (Hospital Services), Sarah Schulhauser (Office of the CMO), and Tom Montemayor (Pharmacy) - enjoy your NKC coffee tumbler and scarves, along with a huge thank you for generously participating in this year's campaign!

Also, a big thank you to those who've chose to continue with their annual payroll giving. Your continued generosity is inspiring!

There's still time to sign up before the December 13 deadline. Prizes! More prizes will be awarded at the end of the campaign. Both new and current donors are eligible to win.

- Donation forms received by December 6 will receive two entries; forms received by December 13 will receive one entry.
- Bonus! Employees who sign up for a new payroll deduction with a minimum deduction of \$10 per pay period, or who increase their current deduction by \$10 or more per pay period, will receive an extra entry.

Prizes include:

- Apple iPad – 9th Generation
- Standup Paddle Board
- Beats Studio Wireless Earbuds
- Personal Massager with Attachments

Thank you for the many ways you contribute to Northwest Kidney Centers. Let's finish this campaign with a strong show of support for our patients and co-workers!



**Scan QR code  
to sign up today!**

For best results, disable  
"Mobile Friendly" before  
completing the form.

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### **Transition to PolicyStat**

Starting December 9, we will switch from PolicyManager to PolicyStat. This upgrade will streamline our policy management with easier searching, editing, and ready-to-use templates for new policies. PolicyStat will be accessible via KNET. Training for general users will be available as self-paced online materials, which will be sent out on December 2nd. A live training for policy owners, editors, and approvers will take place on December 9th at 1 PM. Invitations have already been sent to the relevant staff. For those unable to attend, the training will be recorded and shared afterward.

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### **New Micromedex tool launching December 2**

Starting December 2, staff can use *Micromedex*, a user-friendly tool for looking up medication information. Staff will be able to access *Micromedex* via links on your desktop, K-NET, and Clarity RTC. Training sessions will be held on December 2nd at 9 AM and December 19th at 11 AM. If you didn't get an invite but want to attend, contact Heidi.Lee@nwkidney.org. Recordings will be available on KNET shortly after the trainings.

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## **Contract Manager is changing on December 9**

Starting December 9, Contract Manager will be sunset. All contracts will be stored in SharePoint and contracts previously in Contract Manager have already been migrated. Staff impacted by this change will be notified but *if someone in your department also needs access, please direct them to request access through the IT Helpline by emailing [Helpline@nwkidney.org](mailto:Helpline@nwkidney.org).*

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## **Reminder: Helping Hand fund is available for staff**

Staff impacted by the recent weather can use Northwest Kidney Center's Helping Hand Fund. It is only available to staff that have an FTE of 24+ hours/week. To apply for the fund, complete the application on [KNET](#)

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## **Updates from your Clinical Education team**

# THE REVIEW

NOVEMBER 2024

"SHARING KNOWLEDGE IS A CHARITY OF KNOWLEDGE THAT CONSTITUTES THE WAYS OF A BEAUTIFUL LIFE"  
BY EHSAN SEHGAL

## PRECEPTOR CLASSES 2025

- January 29 & January 30
  - April 23 & April 24
- <https://forms.office.com/r/bb0HNyTsf>

### ATTENTION!

For 2025 CPR renewal please contact our vendor via email at [NW@lifework.edu](mailto:NW@lifework.edu)

LOOKING FOR HELPFUL GUIDES IN ACCESS CARE TO SUPPLEMENT YOUR LEARNING? THE ESRD NETWORK SITE (ESRD NCC) HAS GREAT RESOURCES! HERE ARE JUST SOME EXAMPLES:

- [CATHETER LOOK LISTEN FEEL](#)
- [FISTULA LOOK LISTEN FEEL](#)

"We are excited to announce ANNA's Second Annual Art Contest! Here's your opportunity to share your passion for kidney care through creativity and design! Your art must include specific kidney-care-related themes, and a brief caption describing the inspiration for your art, or how it is tied to kidney-care. The Art Contest winner will receive a free registration to ANNA's 2025 National Symposium in Portland, Oregon. The contest opens September 15, 2024 and will run through January 1, 2025. All entries must be digitally submitted by 11:59pm ET on January 1, 2025." <http://annanurse.org/artcontest>

A question came up during the clinical roadshows this summer and Clin Ed wanted to relay to everyone:

- Tape should be torn and prepared at the chairside only, not pre-torn in a separate area first.
- Tape should never hang off the table, be placed directly on the chair, or be placed on the outside of supply packages – it should be placed on a clean, moisture proof barrier like the blue chux pad.

Never hesitate to reach out to [educationlist@nwkidney.org](mailto:educationlist@nwkidney.org) if you have any questions!

Are your machines failing bloodside pressure testing? Unable to locate the job aide to neutralize the pressure pods to help troubleshoot this? There is a handy guide on K-Net, or you can request a laminated card from Clin Ed to have on your clinic floor.

K-Net ADP SAS

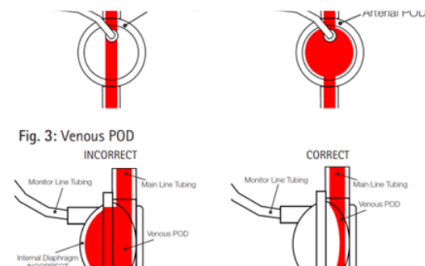
Home • Employee Education • Clinical Staff Education • Clinical Support and Training Videos • Machine - Bbraun support videos

### Employee Education

- All Staff Training
- New Education Request
- Go Back to School
- Hospital Services Education
- Self Learning Packets (Not for Contact Hours)
- IT Tech Tips

### Machine - Bbraun support videos

- Setting up Revealclear Dialyzers - Video
- Exceltra: Set-up and Priming - Video
- Dialyzer Cap and blood connection port Usage
- Arterial Line Setup (blue hemostat clamp)
- Dialog+ Setup Video - Part 2 (of 4)
- Dialog+ Setup Video - Part 1 (of 4)
- Dialog+ Setup Video - Part 4 (of 4)
- Dialog+ Setup Video - Part 3 (of 4)
- Priming the New Braun Pump Segment
- UFR by Dr Brockenbrough
- Water by Dr Brockenbrough



**NKC Anniversaries**

**NKC Anniversaries Nov 16 - Nov 29**

**35 YEARS**

Nina Cheatham

**30 YEARS**

Suzanna Johnson

**24 YEARS**

Isa Kellar

**20 YEARS**

Carol E Pettes

**16 YEARS**

Darlene Nacalaban

**5 YEARS**

Marissa Claiborne

**4 YEARS**

Ina Azarkhin  
Lydia Bulinda

**3 YEARS**

Alan Holbrook  
Hattie Kosko-Tuivai

**2 YEARS**

Bea Paola Cardona  
Amecita Plant  
Christina Larkin  
Kevin Moorehead  
Jeff Abrams

**1 YEAR**

Celine Howard  
Michele Hardy  
Gina Bowen

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## NICE TO KNOW

### November is Native American Heritage month

November is Native American Heritage Month, a time to celebrate and uplift the diverse communities we live and work in! As you prepare for the holidays and reflect on giving thanks, consider the many opportunities in our community to honor and celebrate Native American heritage. This month, you can deepen your connection by learning about the land you live on, enjoy Indigenous foods, support Native-owned businesses, and watch films by Indigenous creators. These are just a few meaningful ways to give back, learn from, and listen to your Native neighbors.

### Resources to learn more about Native heritage:

- Learn more about the Native land you live on [here](#).
- Visit the Duwamish Longhouse and Cultural Center
- Learn more about Bernie Whitebear and the Urban Indian Fight for Land and Justice [here](#).
  - Visit the Daybreak Star Cultural Center in Discovery Park to learn more about Bernie's march on Fort Lawton and the creation of United Indians of All Tribes Foundation
- Movies & articles to learn more about Native history [here](#).
- More information and resources about tribal sovereignty in [WA state](#).
- Native Knowledge 360 [here](#).
- Visit the Burke Museum to view their Northwest Native Art exhibit.

### Community Organizations to support that provide care and support services, steeped in traditional medicine rooted in Indigenous heritage, to Native and Indigenous populations across WA state:

- Seattle Indian Health Board
- Chief Seattle Club
- United Indians of All Tribes Foundation
- Hummingbird Indigenous Family Services
- I-Collective
- Native Action Network

- Mother Nation
- Potlatch Fund
- Na'ah Illahee Fund
- Unkitawa
- Urban Native Education Alliance

**Native & Indigenous Businesses to patronize:**

- Off the Rez Café
- Eighth Generation
- Native Soul
- Indian Summer
- Kaigani Craft
- Sacred Circle Gallery and Gift Shop
- Via Tribunali

**Upcoming community events to attend:**

- Suquamish Holiday Bazaar on December 9 & 10<sup>th</sup> at the House of Awakened Culture
- Women Make Movies Present: Queer Indigenous Shorts: Showing at the Northwest Film Forum through 11/30

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**New printers coming in December**

New printers will be deployed across clinics in mid to late December, with at least one color printer in each location. Guides will be available next to each printer, and existing printers will remain temporarily. Access will remain the same with staff needing to use their badge. More details will be shared closer to the deployment date.

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**NKC gives back to FoodLife Line**

This week, 13 NKC volunteers sorted 13,920 lbs of potatoes for FoodLife Line, supporting 296 food distributors across Western Washington. Each volunteer sorted over 1,000 lbs in under two hours! It



was a rewarding, team-building community service event just in time for Thanksgiving. Thank you to all staff who volunteered their time.



### **Send us your patient stories**

The Communications team is always looking for new patient stories! In the past we have featured patients like Aurora (pictured below), who you can learn about in this video [here](#). If you have a story idea, please email it over to [communications@nwkidney.com](mailto:communications@nwkidney.com).



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### **Nutrition and Fitness Corner**

Thanksgiving is a time of year when being grateful is encouraged. In some family traditions, people share why they are grateful before their Thanksgiving meal. Gratitude for what we have and what we are without judgement is an important part of caring for ourselves and those close to us. When we are thankful, we are more likely to take the time to be healthy. Often, we know the healthy foods and activities that are kind to our kidneys but lack the motivation to make them a consistent part of our lives. There is a powerful link between gratitude and kidney health. Gratitude can help reduce our stress and anxiety by shifting our focus away from negativity. Acts that help us express gratitude regularly can promote relaxation and better sleep leading to improved energy, mood, happiness, and life satisfaction. Use this Thanksgiving holiday weekend as an opportunity to cultivate gratitude. The Nutrition and Fitness Department is grateful for all the amazing people that we work with. Thank you for being a part of our lives!

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### **Job of the week**

We're hiring a Nurse Supervisor for Scribner & Lake City.

<https://www.nwkidney.org/careers/?p=job%2Fogrmufwh>

**Did you miss an issue or would like to reread this one? View all past issues on K-NET [here](#).**

