

Week Starting 8/19/24

## P&P Updates: Changes & Highlights

### *New Policy/Procedure Highlights & Changes*

- Questions have come up regarding ambulatory patients with **BP cuffs on their ankles** - how to take most accurate postural Blood Pressure readings?
- Suggestion: LYING THEN SITTING.

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- Take first a lying down/supine BP reading. Then, sit up and after waiting a few minutes, take the sitting BP reading.
- Taking a standing BP with cuff on ankle is just not accurate and will give falsely high readings.
- For more reading, here is an example into research: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7299841/>

**\*Change Alert is not comprehensive list of changes and policy points. All Clinical Staff must read and acknowledge understanding of updated policies & procedures.\***

