



POSITION DESCRIPTION

Registered Dietitian

Reports to: Nutrition & Fitness Services Manager Position Status: Exempt

Supervises: No one

Effective Date: 1/27/24

GENERAL SUMMARY

Using evidence-based practice in accordance with the Academy of Nutrition and Dietetics, Clinical (Registered) Dietitians provide nutritional care to individual patients through assessment of nutritional status, identification of a specific nutrition problem (nutrition diagnosis), implementing appropriate nutrition intervention, and monitoring outcomes directly related to the nutrition diagnosis in accordance with provider orders, regulatory agencies, NKC policies, and department guidelines. The RD is part of the interdisciplinary team (IDT) and is responsible for providing each patient with an individualized and comprehensive assessment of his or her nutritional needs and for developing a plan of care in accordance with Conditions of Coverage.

The RD is a part of the Quality Assessment Performance Improvement Team (QA/PI), and participates in evaluating trends, making recommendations, and following through to achieve improved patient care goals. Additionally, the RD collaborates with the interdisciplinary team to design a comprehensive individualized dietetic treatment plan of care utilizing evidence-based nutrition practice guidelines. Responsibilities include providing normal or therapeutic nutritional and fitness care, education, and counseling to patients, care providers, and internal and external members of the health care team. The RD participates in NKC sanctioned health fairs, symposiums, lectures, and other public education events.

DUTIES AND RESPONSIBILITIES

1. Independently analyzes and assesses nutritional, fitness, medical, and social information from medical records, patient interviews, laboratory values, progress notes, and other health care providers.
2. Develops a Comprehensive Assessment and Nutritional Plan of Care and on-going patient education plans. Is a member of the interdisciplinary team responsible for the patient's plan of care.
3. Serves as a specialist in Mineral and Bone Disease, responsible for analyzing patient laboratory results and providing personalized

recommendations/adjustments using electronic health record protocols. Works closely with the Interdisciplinary Team to offer suggestions to the patient's Nephrologist regarding medication adjustments that may deviate from established protocols.

4. Ensures all aspects of the patient's care is documented in the EHR (electronic health record) in a timely manner.
5. The RD is a member of the interdisciplinary team for the Quality Assessment/Performance Improvement (QA/PI) process.
6. Participates in unit huddles and assists in developing plans to improve patient outcomes.
7. Provides individual and group nutrition education to patients, family and/or caregivers, NKC staff, long-term care staff, students, and others, as appropriate.
8. Assists in the development of appropriate nutritional and fitness educational materials.
9. Encourages appropriate fitness therapies.

PLANNING

Responsible for planning and providing day-to-day nutritional services, and for participating in the planning of overall nutrition and fitness.

Typical planning responsibilities are:

- Developing individualized comprehensive assessments and plan of care which involve consideration of patient needs services of NKC and affiliated organizations, and community resources.
- Participation in unit Quality Assessment/Performance improvement planning and outcomes.

SUPERVISION and COORDINATION

Coordinates provision of care with the Nutrition Services Coordinator, other RD's, MSW's, nurse educators, case managers, nursing home staff and physicians.

EXTERNAL CONTACTS

1. Works with outside groups, private physicians, nursing home staff, patient and professional organizations, and the lay public.
2. Communicates with outside organizations and the public about department services and preventative nutrition therapies.

DECISIONS

1. Evaluates laboratory values, physical assessments, medical and dietary histories and makes therapeutic recommendations based on this data.
2. Identifies needs and makes referrals to physicians, MSW's, nurse care managers, food banks, community nutrition and fitness resources, diabetes educators, cooking classes, exercise classes, PT, OT, and other community resources.
3. Evaluates patient responses to care.

CUSTOMER SERVICE STANDARDS

Staff are responsible for demonstrating good customer service and professionalism.

1. **CONSIDERATION:** Greet customers promptly; show courtesy; recognize customer's needs; respect privacy.
2. **CONCERN:** Listen to customers; express appreciation, be non-judgmental; take responsibility.
3. **CONFIDENCE:** Show a positive attitude; take personal initiative; inform; educate and reassure; provide prompt follow-up.
4. **CONDUCT:** Hold appropriate conversations; maintain a professional appearance; establish teamwork; show professional competency.

JOB CONDITIONS

Must be able to communicate effectively in English over the telephone, in writing, and in person. Duties and responsibilities are performed in an office and clinic environment. Must have transportation available and a current Washington State Driver's license and vehicle insurance to travel to dialysis facilities, hospitals, and other locations, as needed.

Physical activities require the ability to stand, walk, stoop, kneel, crouch, reach, lift; fingering, grasping, talking, hearing, and repetitive motions of hands, wrists, and fingers. Requires a high-level of hand-eye coordination. Must have strong visual acuity to read, inspect information on monitors, inspect technical documents, and to inspect and repair dialysis and related machines. The RD may be exposed to fumes, blood, and other body fluids.

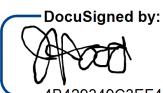
Physical requirements include the ability to lift/move objects weighing up to 20 pounds occasionally, and up to 10 pounds frequently. The individual in this position operates the phone, computer, copier, and other office equipment as required. Demonstrated skills in Microsoft Office Products and knowledge of clinical software programs are required.

EDUCATION AND EXPERIENCE

The Registered Dietitian must have a bachelor's degree, must be a registered dietitian with the Commission on Dietetic Registration, and must have the equivalent of one-year prior professional work experience in clinical nutrition as a registered dietitian. The Registered Dietitian must be a Certified Dietitian, registered with the state of Washington, unless their registration with the CDR occurred before June 9, 1988. Must have a valid Washington State Driver's License and vehicle insurance.

The above statements are intended to describe the general nature and level of work performed by people assigned to this classification. They are not to be considered as an exhaustive list of all job tasks performed by people so classified.

REVIEW AND APPROVAL

DocuSigned by:


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1/27/2024 | 4:03 PM PST

Sr. Director of Home Modality Operations & Strategy

Date

Janselle Ansell

Director of People Strategy

1/26/24

Date