



It looks like bad weather is headed our way



What to do until you can get to dialysis:



Call **UNIT** to reschedule
Phone:



AVOID High **POTASSIUM** foods: **dairy, juice, potatoes, tomatoes, bananas, greens, nutrition supplements**



AVOID **SALTY** foods



LIMIT **FLUIDS** to **2 CUPS** or **16oz** each day



Call **911** if you start **feeling sick**