

# Living with Hemodialysis Teaching Guide



Title	Key messages	Patient behavior outcomes	Suggested teach back questions	Audience
<b>Restless Legs Syndrome</b> (handout)	Possible causes and treatments	Follows up on treatment	Informational	Those with restless legs syndrome
<b>Transportation for Dialysis</b> (handout)	Guide for patients on how to arrange dialysis rides	Patient has consistent and reliable transportation to treatment	Informational	All
<b>Traveling with Hemodialysis</b> (handout)	Steps to make arrangements, insurance issues, what to take and how to plan	Successfully travels with appropriate arrangements	Informational	All
<b>Where you Go For Your Care Matters</b> (handout)	Review of options for receiving medical care Differences between: clinic, urgent care, ED, nurse lines	Understands: who to call and when for symptoms Selects appropriate care venue for health needs	In your own words can you tell me where you would go if ___? How about if you needed ___?	All