

Treatment Choices Teaching Guide



Title	Key messages	Patient behavior outcomes	Suggested teach back questions	Audience
Choosing Not to Dialyze (handout)	How/why some choose this How to prepare; What to expect	Patient makes informed treatment decision	Informational	All
Home Hemodialysis (handout)	How home hemo works— both short frequent and extended Advantages Responsibilities Attend Next Step Home Hemo class for more information	Patient makes informed treatment decision based on lifestyle fit If interested, attends Next Step Home Hemo and discusses with MD	Tell me in your own words about the basics of home hemo How do you think home hemo would work for you with your lifestyle? Why?	All
Home Hemodialysis (PowerPoint)	Same HHD handout	Same HHD handout	Same as HHD handout For interested patients, what's next?	Interested in HHD and/or meet basic criteria
Kidney Transplant (handout)	What a transplant is Evaluation and steps Living donor vs deceased donor If not referred and unsure, attend Next Step Transplant class for more information	Patient makes informed treatment decision based on lifestyle fit If not yet referred and unsure, attends Next Step Transplant and discusses with MD	Tell me in your own words about kidney transplant What are the steps to getting a transplant?	All
Kidney Transplant (PowerPoint)	Same as TP handout	Same as TP handout	Same as TO handout For interested patients, what's next?	Interested in TP and/or meet basic criteria

Kidney Transplant— Waiting for a Kidney Transplant (handout)	Active versus on hold status How to stay active on list and maintain contact with transplant center	Patient takes steps as appropriate to stay on active status and in touch with transplant center	What can you do to stay active on the list? If patient is on hold—what can you do to get to active status? Does transplant center have current contact information?	Patients on transplant list
PD (Peritoneal Dialysis) (handout)	How PD works— both CAPD and APD Advantages/things to consider Daily responsibilities Attend Next Step PD class for more information	Patient makes informed treatment decision based on lifestyle fit If interested, attends Next Step PD; discusses with MD	Tell me in your own words about the basics of PD How do you think PD would work for you with your lifestyle? Why?	All
PD (Peritoneal Dialysis) (PowerPoint)	Same as PD handout	Same as above	Same as PD handout For interested patients, what's next?	Interested in PD and/or meet basic criteria
PD—Getting Your PD Access (handout)	What to discuss with surgeon After surgery, what to expect and how to care for access Follow up at PD unit	Discusses placement with surgeon Cares for access per instructions; calls for help appropriately Attends post-surgery appointment at PD unit	When you see the surgeon, what questions will you ask? What precautions will you take after surgery? When should you call the surgeon? When should you call for an appointment with the PD unit?	Patients planning on PD access placement