

Access for Hemodialysis Teaching Guide



Title	Key messages	Patient behavior outcomes	Suggested teach back questions	Audience
Access Care Supplies Packet (Fistula/Graft Care Pkt)	Fistula or graft care after dialysis; explanation of supplies in packet	N/A-information only	Explain what to do if bleeding or wet dressing occurs after dialysis	All with fistula/graft
Access Care Supplies Packet (IJ Catheter Pkt)	IJ catheter care after dialysis; explanation of supplies in packet	N/A-information only	Explain what to do if dressing get wet, dirty or comes off after dialysis	All with IJ catheter
Caring for Your Fistula or Graft (handout)	Access problems— how to identify, what to do if they occur, how to prevent	Patient takes appropriate steps to maintain healthy access	What would you do if ___? How can you prevent ___? (Use several examples)	All with AVF/AVG in use
Caring for Your IJ Catheter (handout)	Access problems— how to identify, what to do if they occur, how to prevent	Patient takes appropriate steps to maintain healthy access	What would you do if ___? How can you prevent ___? (Use several examples)	All with catheter
Get Your Catheter Out! (PowerPoint)	Review of why IJ catheters are dangerous; emphasizing to get a permanent access ASAP to reduce risk of death and risk of infection; see messages, outcomes, questions below			All with catheter and not CVC always
Heart Model (demonstration tool)	Risk of death is 2-3 times higher with CVC than a fistula Infection risk is 5 times greater Better dialysis with permanent access due to higher blood flow CVC patients will spend more days/year in hospital on average	Permanent access is placed	What two things does an IJ catheter increase your risk of? What's your next step in getting a permanent access?	All with catheter and not CVC always

Safer Dialysis with a Permanent Access (handout)	Types of hemo access Risk of IJ catheter Why fistula is best access	Permanent access is placed and maintained	Describe what a fistula is. Why is IJ catheter dangerous?	All
TLC for your Fistula or Graft (handout)	Daily care of AVF/AVG to keep it healthy	Checks fistula daily and gets help appropriately	Demonstration: show me how you check your fistula What would you do if ___?	All—1st run after permanent access placement