

Emergencies Teaching Guide



Title	Key messages	Patient behavior outcomes	Suggested teach back questions	Audience
Emergencies in the Center (handout)	Know what to do in an emergency	In an emergency, if able, performs clamp and disconnect, exits building safely, cranks machine if necessary	Show me where the clamp and disconnect steps are and take me through the steps. Where are the exits and where do you go in an emergency? What happens if power out?	All
Surviving a Disaster: How to Get Ready (handout)	Prepare for a disaster ahead of time at home	Has emergency supplies at home (diet, general kit, meds, diabetes supplies, etc.) Unit has current contact info	What should you have at home to be ready, and what do you have? (Refer to RD if needs emergency diet help)	All
Surviving a Disaster: What to do (handout)	Know what to do immediately if earthquake, weather emergency, etc.	In a disaster, gets info on dialysis availability, rides, etc. If can't get to dialysis, starts emergency diet Seeks help to get to treatment Takes med list, etc. if leave home; safe management of medications Emergency supply	How would you get information about dialysis, rides, etc. if there's a disaster? What back-up transportation plans do you have? When should you start emergency diet? If you had to leave home, what would you take with you?	All