

## IJ Catheter Care Instructions



**If your IJ Catheter dressing gets wet, dirty or comes off, follow these instructions for dressing change:**

1. Gather supplies: hand sanitizer, mask, tape, 2x2 gauze pad, Chlorascrub swab
2. Put on mask; if someone is helping you they need to wear a mask as well
3. Wash hands or use hand sanitizer
4. Put on gloves
5. Gently remove old tape and dressing
6. Remove gloves
7. Wash hands or use hand sanitizer
8. Put on clean gloves
9. Use Chlorascrub swab to clean, starting at catheter site and moving outward
10. Let skin dry
11. Cover with 2x2 gauze pad, holding pad by edges
12. Tape firmly
13. Remove gloves and wash hands

**Supplies included in this packet:** (1) Chlorascrub swab (1) paper tape (2) mask  
(4) 2x2 gauze pad (2) pair gloves

**Replace these supplies when used. You can find them at any drug store.**

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