



We are prepared to provide dialysis for you when the weather is bad, if there is an earthquake, flood, heavy snow, or other emergency—

Who to call

- Call your dialysis center
 - If you think it might be closed
 - If you are late or are experiencing transportation problems
 - We will do our best to help you get your scheduled treatment
 - **Your center:** _____
 - **Center phone:** _____
- Call your transportation provider if you plan to use other transportation or are making changes
 - Hold times will likely be longer than usual

Keep up-to-date

- Check the NKC website for current status of NKC operations: www.nwkidney.org
- Tune to local news for area weather, road conditions or disaster updates

If you can't get to dialysis

- Refer to your Emergency Diet Meal Planning handout
- Start your emergency diet right away
 - You need dialysis to live; the emergency diet will keep you alive for only a few days without dialysis
- Get help to get to dialysis as soon as you can
 - Missing one dialysis treatment can be dangerous to your health

If you must go to an emergency shelter

- Tell the shelter staff right away that you are a dialysis patient with special medical and diet needs

If you leave your home, take with you:

- Medication and medication list
- Phone numbers for your doctors
- Dialysis center contact information
- Information to reach friends and relatives, including those who live out of the area